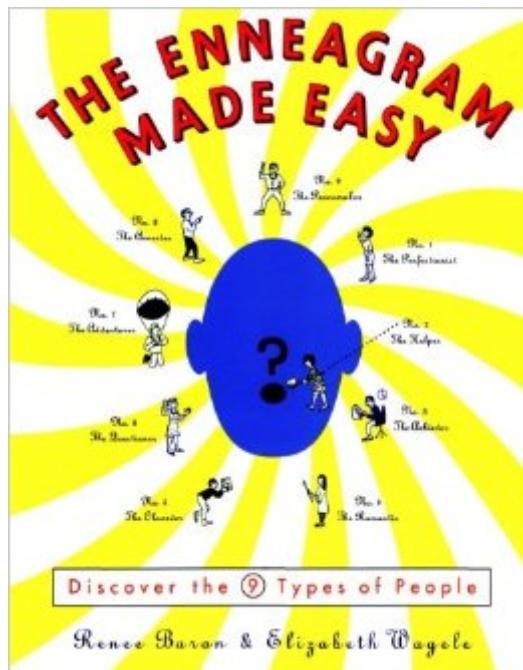


The book was found

The Enneagram Made Easy: Discover The 9 Types Of People



Synopsis

The first easy and fun guide to the Enneagram, the fascinating and revealing method of understanding personality types, for the beginner, the expert, and everyone in between. This witty and informative guide demystifies the ancient Enneagram system with cartoons, exercises, and personality tests that reveal our motivations and desires and show how to put that knowledge to use in our everyday lives. The 9 Types of People: The Perfectionist: Motivated by the need to live life the right way, improve oneself and others, and avoid anger. The Helper: Motivated by the need to be loved and appreciated and to express your positive feelings towards others. The Achiever: Motivated by the need to be productive, to achieve success, and to avoid failure. The Romantic: Motivated by the need to understand your feelings and to be understood to search for the meaning of life, and to avoid being ordinary. The Observer: Motivated by the need to know everything and understand the universe, to be self-sufficient and left alone, and to avoid not having the answer or looking foolish. The Questioner: Motivated by the need for security, to feel taken care of, or to confront your fears. The Adventurer: Motivated by the need to be happy and plan fun things, to contribute to the world, and to avoid suffering and pain. The Asserter: Motivated by the need to be self-reliant and strong, to make an impact on the world, and to avoid being weak. The Peacemaker: Motivated by the need to keep the peace, merge with others, and avoid conflict.

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Customer Reviews

Baron & Wagele's "The Enneagram Made Easy" is-- for my money-- one of the best introductory level books available for someone who's just beginning to study the Enneagram, or who just wants

some "bare bones" coverage to satisfy their curiosity about this ancient personality typing system. Although I have studied the Enneagram for many years, I often refer to this book when trying to illustrate basic concepts to someone who has expressed an interest. The authors have put together a light hearted and highly readable book about the basics of the Enneagram. Each of the nine "types" has its own standardized chapter, which includes a "personality inventory" checklist to help readers determine their type; then coverage of the ups and downs of that type; relationships, relating, typical thoughts, childhood, parenting, careers and free time. The chapters also include brief coverage of "wings," as well as a section of "practical suggestions and exercises" (for making life easier) for each type. The final 20 or so pages of the book covers the interaction and overlaps between the Enneagram types and Jungian psychological types, specifically making comparisons with the popular Myers-Briggs typology system. The book is illustrated throughout with Elizabeth Wagele's generally funny-- often poignant, sometimes silly cartoon drawings. Do keep in mind, however, that this book presents a VERY superficial and simplistic outline of a profoundly complex and thorough psychological "personality mapping" and philosophical system. If you are seriously interested in studying and understanding the complexities of the Enneagram, I highly recommend that you also invest in one of Riso/Hudson's or Helen Palmer's more thorough books.

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